

# AT HOME GUIDE

**PROPEL KIDS  
1ST-5TH GRADE  
JANUARY 11TH**

## MEMORY VERSE

**“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.”**

**1 Timothy 4:8 (NirV)**

## KEY QUESTION & BOTTOM LINE

**WHAT DO YOU PRAY ABOUT?  
PRACTICE PRAYING TO GOD.**

## BASIC TRUTH

**I need to make wise choices.**

## TEACHING VIDEO LINK

**You and your little ones can also watch Propels' online worship experience. This activity page goes along with the service. It is available on our website [www.clintoncommunitychurch.org](http://www.clintoncommunitychurch.org).**

## ACTIVITY: DISCUSSION QUESTIONS

**WHAT YOU NEED: NO SUPPLIES NEEDED**

**What You Do:**

**ASK:**

- Why do you think Jesus wanted to give His friends an example of how to pray?
- What surprises you about the idea that God—the Creator of the universe—wants to talk with you?
- What do you think keeps you from praying, from talking to God?
- The Lord's Prayer' includes asking for things like forgiveness and daily needs—it covers all sorts of topics. What's something you could talk to God about this week?
- How could making prayer a regular thing you do—like Jesus did—help you grow closer to God?

## PRAYER

Dear God,

Thank you for teaching us how to pray. Help us to talk to you every day and know that we can talk to you anywhere about anything. We love you and thank you! In Jesus' name, Amen!



## ACTIVITY: FAMILY PRAYER PATH

**WHAT YOU NEED: PAPER, MARKERS, TAPE, BIBLE**

**What You Do:**

- **SAY:** Today we're going to learn about The Lord's Prayer. When Jesus was on earth, His friends asked Him how to pray. Jesus gave them a special prayer to teach us how to talk to God. We're going to walk through our house and pray together as a family.
- Write one phrase of the Lord's Prayer on 6 different pieces of paper.
  - Our Father in heaven, hallowed be Your name
  - Your kingdom come, Your will be done
  - Give us today our daily bread
  - Forgive us our sins, as we forgive those who sin against us
  - Lead us not into temptation
  - But deliver us from evil
- Have the family walk to each station in order. At each stop, read the phrase, talk about it, and pray together.
- **Station 1:** Everyone says one word that describes God (loving, strong, kind, holy). Pray together.
- **Station 2:** Each person shares one way they can obey God this week (be kind, tell the truth, help others). Pray together.
- **Station 3:** Name one thing you are thankful for today (food, home, family, friends) Pray together.
- **Station 4:** Everyone makes a heart shape with their hands. Explain: Forgiveness means letting go and loving like Jesus. Pray together.
- **Station 5:** Talk about one thing that can be hard to do the right way (being kind, sharing, obeying). Pray together.
- **Station 6:** Everyone does a strong pose to remind them God is powerful and protects us.
- Read Matthew 6:9-13 together. Younger children may repeat one line at a time.