

BREAKTHROUGH – Part 3 “How to Pray in a Crisis”

January 15, 2023

“In the day of my trouble I sought the Lord; My hand was stretched out in the night without ceasing; My soul refused to be comforted.” —Psalm 77:2

King David’s Breakthrough

(1Chronicles 14:8-11) Now when the Philistines heard that David had been anointed king over all Israel, all the Philistines went up to search for David. And David heard of it and went out against them. (9) Then the Philistines went and made a raid on the Valley of Rephaim. (10) And David inquired of God, saying, “Shall I go up against the Philistines? Will You deliver them into my hand?” The LORD said to him, “Go up, for I will deliver them into your hand.” (11) So they went up to Baal Perazim, and David defeated them there. Then David said, “God has broken through my enemies by my hand like a breakthrough of water.”

King Jehoshaphat’s Breakthrough

(2 Chronicles 20:1-4) It happened after this that the people of Moab with the people of Ammon, and others with them besides the Ammonites, came to battle against Jehoshaphat. (2) Then some came and told Jehoshaphat, saying, “A great multitude is coming against you from beyond the sea, from Syria; and they are in Hazazon Tamar” (which is En Gedi). (3) And Jehoshaphat feared, and set himself to SEEK the Lord, and proclaimed a FAST throughout all Judah. (4) So Judah GATHERED together to ASK HELP from the Lord; and from all the cities of Judah they came to seek the Lord.

- _____ the Lord
- _____
- _____ on Others
- _____ God for Help

Your Breakthrough

(Philippians 4:6-7) “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; (7) and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

(Philippians 4:8) Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

- **Don’t** _____ **about anything.**
- **Do** _____ **about everything.**
- _____ **in all things.**
- _____ **on true things.**

Key: Sought; Fasted; Called; Asked; Worry; Pray; Thank God; Focus