

PARENT GUIDE

PROPEL KIDS 1ST-5TH GRADE - OCTOBER 1

MEMORY VERSE

Have I not commanded you? Be strong and courageous.
Do not be afraid; do not be discouraged, for the LORD your
God will be with you wherever you go.
(Joshua 1:9)

KEY QUESTION & BOTTOM LINE

WHAT DO YOU WORRY ABOUT?

YOU CAN DO WHAT YOU SHOULD, EVEN WHEN
YOU DON'T KNOW WHAT WILL HAPPEN NEXT

LIFE APP

Courage: Being brave enough to do what
you should do, even when you're afraid.

TEACHING VIDEO LINK

You and your little ones can also watch Propels' online worship
experience. This activity page goes along
with the service. It is available on our website
www.clintoncommunitychurch.org.

ACTIVITY: WORRY CRUSHER

WHAT YOU NEED: BIBLE, EMPTY SODA CAN, PENCIL, PAPER

WHAT YOU DO:

Ask your child to write on a slip of paper things they often
worry about. Let them know that no one will see their
papers.

Give your child an empty soda can then ask them to place
their slips of paper inside the cans. Hand them a Bible and
ask them to help you look up the following verses:

- Psalm 94:19
- Psalm 23:4
- 2 Timothy 1:7
- Psalm 27:1
- Psalm 55:22
- Psalm 46:1
- 1 Peter 3:14

Ask them to read the verses aloud and then finish the
following phrase with an example of a time when they
worry or need courage: "I need to remember this verse
when . . ."

Before moving on, invite your child to crush his or her soda
can by stomping on the top of it.

Discuss how faith crushes worry:

- Why should our faith be stronger than our worries and
fears?
- When have you experienced a situation in which God
helped you crush your fear?

Encourage your child to keep their "Worry Crusher" as
reminder that faith in God helps crush our fears.



ACTIVITY: PERSONAL PRAYER

WHAT YOU NEED: CRUSHED "WORRY CRUSHER" CANS, BIBLE

WHAT YOU DO:

Ask your child to place their crushed soda cans from the
previous activity on the floor in front of them. Remind
them that the best way to crush worry is by asking God for
help and courage to do what's right even in the face of
uncertainty.

Let your child know that every hero in the Bible was afraid
at some point.

- Those who stood strong were the ones who trusted
God to help them do what He wanted them to do even
though they didn't know how it would all turn out.

Read aloud Joshua 1:9, asking your child to listen for a
command to follow and a promise to believe.

Close by reading the verse again and pausing after each
sentence as you invite him/her to respond in prayer to
God's command and to put their trust in His promise.

WHAT YOU SAY:

Joshua 1:9 says, Be strong and brave. Do not be afraid,
(Nirv). Lord, give us the courage we need to be strong
and brave when we are faced with the situations we wrote
down and placed inside these soda cans.
(Pause to let your child pray silently about the specific
things they wrote down.)

Joshua 1:9 ends with an amazing promise: Do not lose
hope. I am the Lord your God. I will be with you everywhere
you go, (Nirv). Give us hope as we believe Your promise
to be with us wherever we go.

(Pause to let him/her pray silently then have them pick up
their cans to indicate that they've finished praying and
ready to go forward with courage.)